





Pierce, Laura. (2013). The Integrative Power of Dance/Movement Therapy: Implications for the Treatment of Dissociation and Developmental Trauma. *The Arts in Psychotherapy*, 41. 10.1016/j.aip.2013.10.002.

Sajjani, N., Mayor, C., Burch, D., Feldman, D., Davis, C., Kelly, J., Landis, H., & Mcadam, L. (2019). Collaborative discourse analysis on the use of drama therapy to treat trauma in schools. *Journal of Drama Therapy*, (1), 27.

Steel, M. (2015). Daring to play: art, life and therapy, from Heidegger to Gadamer, by way of Barthes' Punctum and the paintings of Paul Klee. *Journal of Drama Therapy*, (2), 208.

Roesler, C. (2019). Sandplay therapy: An overview of theory, applications and evidence base. *Journal of Drama Therapy*, 84-94. <https://doi.org/10.1016/j.aip.2019.04.001>

## ASSIGNMENTS

|                            |            |
|----------------------------|------------|
| <u>Class Participation</u> | <u>35%</u> |
|----------------------------|------------|

Class participation enriches knowledge and learning. Student

Levy, F. (2014). Integrating the Arts in Psychotherapy: Opening the Doors of Shared Creativity. *Journal of Creative Arts in Therapy*, 1(1), 6-27.  
doi:10.1007/s10465-014-9171-8

- x Steel, M. (2015). Daring to play: art, life and therapy, from Heidegger to Gadamer, by way of Barthes' Punctum and the paintings of Paul Klee. *Journal of Creative Arts in Therapy*, 2(2), 208.

Final Presentation/Written Assignment 2 Creative Arts in Direct Practice 30%

Each student will choose one of the modalities explored to research further. Students will create a presentation consisting of a 20-minute experiential, in which one area of the chosen modality is used to demonstrate the presenters understanding in this area through their own scope of practice. In addition, students will be required to write a protocol and justification paper using the intervention that is presented focusing on a group, individual or community from your practice.

Protocol and justification paper will include:

Paper (4-5 pages)

1. Provide a brief psychosocial evaluation of the client (individual, group, community)
2. How has creative arts approaches informed your assessment and intervention with this case? 2. ~~1551500 BT/C912 r~~

## Student Responsibilities

Register with the Office of Disability Services (ODS).

Provide current, written documentation from a qualified practitioner that describes the nature of the disability, functional limitations associated with the disability, severity of these limitations, and recommended reasonable accommodations.

Review accommodation requests with ODS.

Submit accommodation letters to faculty and discuss reasonable accommodations at the start of the semester.

Communicate with faculty to arrange each exam accommodation at least ONE WEEK before tersof

From Campus

1. If you wish to access e-reserves from the library home page ([library.yu.edu](http://library.yu.edu)),
2. Use wurzweiler all lower case, as the password
3. If you have problems accessing e-reserves, email: Stephanie Gross, Electronic Reserves Librarian: [gross@yu.edu](mailto:gross@yu.edu) or ereserves@yu.edu.

From Off-Campus

1. Go to the library's online resources page  
[http://www.yu.edu/libraries/online\\_resources.asp](http://www.yu.edu/libraries/online_resources.asp)
2. ~~http://www.yu.edu/libraries/online\_resources.asp~~



Text: Attunement in the Expressive Arts Therapies, Chap 1,2

Unit 2: Poetry Therapy 9/26, 10/4



## Attunement in the Expressive Arts Therapies-Chap 3

Sajnani, Nisha, et al. "Collaborative discourse analysis on the use of drama therapy to treat trauma in schools." *Drama Therapy Review*, vol. 5, no. 1, 2019, p. 27+.

Landis, H. Drama therapy with newly arrived refugee woman. In Sajjani, N., & Johnson, D. R. (2014).

## Recommended Readings Drama Therapy

Boal, A. (1995). *The Rainbow of Desire: The Boal method of theatre and therapy*. New York: Routledge.

Emunah, R. (1994). *Acting For Real: Drama therapy process, technique, and performance*. New York: Brunner/Mazel Publishers.

Forrester, A & Johnson, D. (1996). The role of dramatherapy in an extremely short-term inpatient psychiatric unit. In A. Gersie (Ed.), *Dramatic Approaches to Brief Therapy* (pp.125-138).

Haen, C. (2005). Group drama therapy in a children s inpatient psychiatric setting In A M Weber & C. Haen (Eds.), *Clinical Applications of Drama Therapy in Child and Adolescent Treatment*. (pp. 189-204). New York: Brunner-Routledge.

Haen, C. & Brannon, K. H. (2002). Superheroes, monsters, and babies: Roles of strength, destruction and vulnerability for emotionally disturbed boys. *The Arts in Psychotherapy*, 29, 31-40.

Herman, L. (1997). Good Enough Fairy Tales for Resolving Sexual Abuse Trauma. *The Arts in Psychotherapy*, 24, 439-445.

Landy, R.J. (1993). *Persona and Performance: The meaning of role in drama, therapy, and everyday life*. New York: Guildford Press.

Nash, E. & Haen, C. (2005). Healing through Strength: A group approach to therapeutic enactment. In A. M. Weber & C. Haen (Eds.), *Clinical Applications of Drama Therapy in Child and Adolescent Treatment*. (pp. 121-136). New York: Brunner-Routledge.

Weber, A. M. & Haen, C. (Eds.), (2005). *Clinical Applications of Drama Therapy in Child and Adolescent Treatment*. New York: Brunner-Routledge.

## Unit 4: Art Therapy (Session #7, #8)

- Theory & Practice of art therapy
- Application of art therapy to individual & group practice

- Application of art to specialized populations

Required Readings:

CAT Workbook: Chapters 1, 2, 5

Collette, N., Güell, E., Fariñas, O., & Pascual, A. (2021). Art Therapy in a Palliative Care Unit: Symptom Relief and Perceived Helpfulness in Patients and Their Relatives. *Journal of Pain and Symptom Management*, 61(1), 103-111. <https://doi.org/10.1016/j.jpainsymman.2020.07.027>

Recommended Readings:

Avrahami, D. (2005). Visual art therapy's unique contribution in the treatment of post-traumatic stress disorders. *Journal of Trauma and Dissociation*, 6(4), 5-9. <https://doi.org/10.1891/j.jtrauma.2005.6.4.5>

Betts, D. J. (2003). Developing a projective drawing test: experiences with the Face Stimulus Assessment (FSA). *Art Therapy: Journal of the American Art Therapy Association*, 20(2), 77-82.

Ki, P. (2011). Exploring the experiences of participants in short-term art-based support groups for adults living with eating disorders. *Canadian Art Therapy Association Journal*, 24(2), 1-13.

Lande, R. G., Tarpley, V., Francis, J. L., & Boucher, R. (2010). Combat trauma art therapy scale. *The Arts in Psychotherapy*, 37(1), 42-45.

Lister, S., Tanguay, D., Snow, S., & D'Amico, M. (2009). Development of a creative arts therapies center for people with developmental disabilities. *Art Therapy: Journal of the American Art Therapy Association*, 26(1), 34-37.

Molitor, M. R. (2009). Review of creative interventions with traumatized children. *Art Therapy: Journal of the American Art Therapy Association*, 26(2), 86-87.

Nanda, U., Gaydos, H. L. B., Hathorn, K., & Watkins, N. J. (2010). Art and posttraumatic stress: A review of the empirical literature on the therapeutic implications of artwork for war veterans with posttraumatic stress disorder. *Environment and Behavior*, 42(3), 315-338. <https://doi.org/10.1177/0013755209352896>



Ciardiello, S. (2003). Meet them in the lab: Using hip-hop music therapy groups with adolescents in residential settings. In N. E. Sullivan, E. S. Mesbur, N. C. Lang, D. Goodman, & L. Mitchell (Eds.), *Journal of Music Therapy* (pp. 103-117). New York: Haworth Press.

Field, T., Martinez, A., Nawrocki, T., Pickens, J., Fox, N. A., & Schanberg, S. (1998). Music shifts frontal EEG in depressed adolescents. *Journal of Music Therapy*, 129, 109-116.

Gold, C. (2007). Music therapy improves symptoms in adults hospitalised with schizophrenia. *Journal of Music Therapy*, 10(3): 77

Maratos, A. S., Gold, C., Wang, X., Crawford, M. J. (2008). Music therapy for depression. *Journal of Music Therapy*, 50(1), 1-15. Art. No.: CD004517. DOI: 10.1002/14651858.CD004517.pub2

Montello, L. M., & Coons, E. E. (1998). Effect of active versus passive group music therapy on

Unit 9: Final Presentations and ClosureClass #13 and #14, 12/5 and 12/13

Lewis, P. (1986). Dubuque, IA: W.C.  
Brown-Kendall/Hunt Publishing.

Lewis, P. (1987). Dubuque,  
IA: W.C. Brown-Kendall/Hunt Publishing.

Longo, P. J. (2008). New York, NY: The Haworth  
Press/Taylor and Francis Group.

Mitchell, R., & Friedman, H. (1994).  New York: Routledge.

Niemi, L., & Ellis, E. (2001).   Little Rock, AK:  
August House Publishers, Inc.

Sajnani, N., & Johnson, D.R. (Eds.) (2014). Trauma- informed drama therapy: Transforming  
clinics, classrooms, and communities.

Rogers, N. (1993). Palo Alto, CA:  
Science & Behavior Books.

Unkefer, R. F. (Ed.) (1990).   
. New York, NY: Schirmer Books.