Curricula: Mental Health Counseling

The following is a typical program for students beginning in all.

Year I - 12 Credits Each Semester (24 credits / academic year)

<u>Fall - Year I</u>	<u> Spring - Year I</u>
*Basic Principles of Counseling	*Assessment and Appraisal of Individuals, Couples, Families, and Groups
	Assessment Lab
*Developmental Psychology (human growth and development)	*Psychopathology: Child, Adolescent & Adult
* Counseling Skills Development	* Ethics & Issues in Professional Practice
*Substance Abuse & Treatment	* Counseling Practicum

Year II - 12 Credits Fall Semester - 13.5 Credits Spring Semester (25.5 credits / academic year)

<u>Fall - Year II</u>	<u> Spring - Year II</u>
* Advanced Issues in Mental Health Counseling	*Career Development Counseling
*Advanced Issues in Professional	*Concepts and Techniques in

Practice: Multicultural & Mental Health Counseling
Diversity (Clinical Instruction)

*Couples and Family Counseling (elective)

* Grief, Loss and Bereavement Counseling (elective)

Additional Electives

* Eating Disorders (elective)